MONDAY, NOVEMBER 30, 2009

www.kstatecollegian.com

SPORTS K-State took

down IUPUI in KC Saturday. Turn to Page 6 for a recap.

READER CONTEST

Whether it's a beer-can tree or an army of reindeer in your front yard, the Collegian wants photos of your holiday decorations. Send your photos to edge@spub.ksu.edu to enter our holiday decorating contest. The winners will be published on Dec. 8.

MULTI-MEDIA The K-State Collegian's

Go to kstatecollegian.com and check out Stephanie Carr's semi-weekly podcast, the News Buzz.

Off the beaten path

Westloop tavern seeks to fill void

By Karen Ingram KANSAS STATE COLLEGIAN

One Blackstone Tavern employee said she thinks the new west-Manhattan bar has one thing no other bar in town does - Sloppy Joes.

"Nobody has Sloppy Joes," said Kelsey Head, Manhattan resident and employee at Blackstone Tavern. "They're delicious."

One of the most popular items on the bar's menu are Sloppy Joes, and its hybrid cousin, Sloppy Joe Nachos. However, the bar, located in Westloop Shopping Center, offers more than this sandwich: It aims to be-

come a home away from home for customers. Near the intersection of Anderson Avenue and Seth Child Road, Westloop might be off the beaten path for some students, but Jeff Zerr, owner of the tavern, said he wanted to start his business away from the crowded conditions associated with Aggieville. He also said although his dream is to have a full restaurant someday, he is starting off slowly and keeping the tavern small to encourage the staff to be more personable with cus-

"I've always been a fan of sit-down bars," Zerr said. "I love food. I love quaint little places to eat where everyone knows you, and recognizes you."

For those who already know Zerr, this should come as no surprise. He is originally from the tiny farming community of Park, Kan., where the 2000 U.S. Census counted 151 people. Zerr came to Manhattan to attend K-State and said he fell in love with the town.

"I feel like I'm part of Manhattan's new generation of residents," Zerr said. "It's perfect, and I real-

After graduating in May with a degree in journalism, the 23-year-old entrepreneur set his sights on build-



Chelsy Lueth | COLLEGIAN

Blackstone Tavern, a new bar in Westloop Shopping Center, opened in September. The bar offers a sit-down home-like atmosphere that caters to the residents of Manhattan, said owner and K-State graduate, Jeff Zerr.

ing a bar that brought his passions for food and small, "homey" bars together. Finding a name for it presented a challenge, however.

"I didn't want to have a bar named after myself," Zerr said. He said he chose the name by deciding he liked the sound of the word "tavern" better than "bar," picking a color and hearing the word "stone" used as a unit of weight for a fighter on the TV show, Ultimate Fighting Championship. The result was Blackstone Tavern.

The tavern features five TVs, a pool table, more than 40 varieties of beer and a menu that boasts some innovative bar food that illustrates his love for all things "homey."

Head said she had worked with Zerr off and on for several years in different bars in the Manhattan community. When Zerr began his fledgling business, she was right by his side.

"Jeff's a good owner," Head said. "He's very personable and has a big heart, so it's easy to want to work hard for him."

Blackstone Tavern has been open for two months open for just more than two months.

"I'm really excited because we've been busier than I

See BLACKSTONE, Page 8

Luis Colon arrested for traffic tickets

STAFF REPORT

Luis Colon, 23, center for K-State's men's basketball team, was arrested Nov. 23 and charged with failure to appear on a traffic ticket.

The

ticket was for speedand failure to yield right way, according to the Kansas City Star.

Colon,



COLON

505 Stonedale Drive, was arrested at 5 p.m., according to a report from the Riley County Police Department.

"Luis' competition status remains unchanged," said head coach Frank Martin in a statement released Tuesday. "In an unrelated incident, Luis was arrested Monday for an unpaid traffic violation that has since been resolved, and any disciplinary action deemed necessary will be handled internally."

Bond was set at \$218. Colon did not play against Pitts-burg State or Loyola Chicago because of a hand injury, but was later cleared by a team doctor. He did not play in the Puerto Rico Tip-Off because of an "off-court issue." However, Martin said Tuesday the arrest was unconnected to the issue that has kept Colon from playing, according to the Star.

Colon also did not play in the game against UIPUI.

Positive emotions can boost immune system



Sara Manco | COLLEGIAN

Amy Auch, third year in veterinary medicine, laughs over a cup of coffee with Brent Webster, Manhattan citizen. According to recent studies, laughter and maintaining good relationships are both key to leading a healthy lifestyle.

By Ashley Dunkak KANSAS STATE COLLEGIAN

Some people are skeptical of flu season hype, and others are applying hand sanitizer on a regular schedule. Whatever end of the spectrum students fall on, most can agree they want to avoid get-

Several elements of daily life not related to medicine can boost the immune system, according to a Prevention.com article. These include friendship, sleep, opti-

mism, walking and laughter.
"I think it's really important to have a support system; people to fall back on," said Stephanie Alderman-Oler, junior in secondary

Katie Whitney, who graduated in May with a degree in anthropology, said friendship is one way to alleviate stress because when

people are with friends, they can let go of school concerns, among others.

Dan Wilcox, psychologist from University Counseling Services, said good relationships are a source of positive emotions, so it is a good recommendation to find time to maintain those friendships.

Many college students complain of sleep deprivation on a regular basis, and Whitney said she thought sleep is most helpful for staying healthy.

"I think I feel kind of sick if I don't get enough sleep," Whitney said. "It's good for the body to have a regular schedule and not get worn down."

Alderman-Oler said she does not function well if she does not get adequate sleep. She also said

See IMMUNITY, Page 8

Students vote on Facebook to pick K-State Proud logo

By Karen Ingram KANSAS STATE COLLEGIAN

K-State students had the opportunity for the first time to pick a logo for this year's K-State Proud

During Thanksgiving break, students could log on to Facebook.com to vote for their favorite three designs for K-State Proud, a campaign that provides scholarships for students with the money raised. Last year, K-State Proud raised more than \$105,000.

The logo designs were all created by students in the Professional Business Practices class. The class participants create letterheads, logos and more for different organizations around campus, including the KSU Foundation.

Tom Bookwalter, instructor in art, said his class created the K-State Proud logo each year, but this was the first opportunity for students outside of the class to decide which design best suited the campaign.

"I think it works out real good for the students and real good for K-State," Bookwalter said. K-State students had 14 differ-

ent designs to choose from created by students in the class. The voting closed Sunday at 8 p.m.

Ryan Wilkerson, junior in accounting and vice president of stu-dent relations for the Foundation, said after the votes are tallied and the Foundation gives approval for the design, the winner will be announced Dec. 7. The student who created the winning design will be awarded a \$150 scholarship. Wilkerson also said part of the

See PROUD, Page 8



COLLEGIAN FILE PHOTO

Tyrek Artley, junior in secondary education, volunteers to help with the K-State Proud fundraiser during lunch in the K-State Union February 2008.



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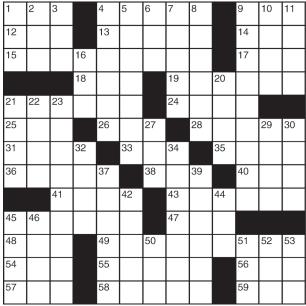
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Solution time: 24 mins. Saturday's answer 11-30



11-30 **CRYPTOQUIP**

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UFJDB CAD LYLED YLED? Saturday's Cryptoquip: WHAT MIGHT YOU NAME A DULL, NERDY PERSON WHO TAKES A VERY, VERY LONG NAP? DRIP VAN WINKLE. Today's Cryptoquip Clue: L equals O

Sick of your Roommates Find a subleaser by advertising





STREET TALK

Make sure to read **Page 1** for a story about a new bar in town.

What is your favorite bar or restaurant?



Little Grill because of the atmosphere and live



66 So Long Saloon because they have really good food.



Rusty's because it has a great atmosphere and the drinks are cheap.



66 Buffalo Wild Wings because they have cheap wings.

Kevin Suellentrop Senior, wildlife conservation

Anna Govert Freshman, open option

Jatin Allen Junior, construction science

Jordan Williamson Freshman, kinestiology

THE PLANNER

CAMPUS BULLETIN BOARD

The Graduate School announces the final oral defense of the doctoral dissertation of Callie Walker at 8:30 a.m. today in Call Hall 205. The thesis topic is "Effects of Ractopamine-HCL are not Confined to Mammalian Tissue: Evidence for Direct Effects of Ractopamine-HCL Supplementation on Fermentation by Ruminal Microorganisms."

The Graduate School announces the final oral defense of the doctoral dissertation of Vicki Tinnon-Brock at 3:30 p.m. today in Seaton Hall 132. The thesis topic is "Environmental Injustice: Health and Inequality in Mobile County,

The Graduate School announces the final oral defense of the doctoral dissertation of Ala' Jamil Alnaser at 3:30 p.m. today in Cardwell Hall 143. The thesis topic is "Waring's Problem in Algebraic Number Fields.'

Alpha Epsilon Delta, the pre-health honor society, is presenting a panel of first and second year medical students to speak about their schooling and answer any questions at 6:30 p.m. today in the Big 12 Room of the K-State Student Union. All students with medical interests are welcome.

The Graduate School announces the final oral defense of the doctoral dissertation of Chandra Bahadur Manandhar at 9 a.m. Tuesday in Fiedler Hall 88. The thesis topic is "Rapid Estimation of Lives of Deficient Superpave Pavements Based on Laboratory-Based Accelerated Mix Testing."

The Graduate School announces the final oral defense of the doctoral dissertation of Jody M. McIntyre at 3:00 p.m. Tuesday in Justin Hall 113. The thesis topic is "Federal Disaster Mental Health Response and Compliance with Best Practices."

The Graduate School announces the final oral defense of the doctoral dissertation of Xin Deng at 9 a.m. Wednesday in Throckmorton Hall 4031. The thesis topic is "Identification and Characterization of /Pseudomonas syringae/ Mutants Altering the Induction of Type III Secretion System."

The Graduate School announces the final oral defense of the doctoral dissertation of Christie Brungardt at 3 p.m. Wednesday in Bluemont Hall 368. The thesis topic is "College Graduates' Perceptions of Their Use of Teamwork Skills: Soft Skill Development in Fort Hays State University Leadership Education."

Intramural entries will be accepted for 3-point shootout through Thursday. Sign up in the administrative office at Peters Recreation Complex. Competition will be held in the small gym from 3 p.m. to 6 p.m. Friday and from 11 a.m. to 2 p.m. on Saturday. Times are available when students can submit entries. Enter as an individual or a team of four. The cost is \$1.08 per person (including tax). To download entry forms and for more information, go to the intramural activities and events page at recservices.k-state.edu.

The Graduate School announces the final oral defense of the doctoral dissertation of Mohamed Ishak Mohamed Ismail at 11 a.m. Dec. 7, in Cardwell Hall 133. The thesis topic is "Lower Bounds for Heights in Cyclotomic Extensions and Related Problems."

The Graduate School announces the final oral defense of the doctoral dissertation of Wijith Prasantha Munasinghe at 2:30 p.m. Dec. 7, in Waters Hall 350. The thesis topic is "Cluster-Based Lack of Fit Tests for Nonlinear Regression Models."

The Graduate School announces the final oral defense of the doctoral dissertation of Hongwang Wang at 2:30 p.m. Dec. 9, in Chemistry/Biochemistry Building 437. The thesis topic is "I. Studies of NHC-Palladium(IV) Species in C-H bond Activation Process, II. Synthesis of Functionalized Bimagnetic Core/Shell Iron/Iron Oxide Nanoparticles for the Treatment of Cancer."

The Graduate School announces the final oral defense of the doctoral dissertation of Douglas Wallace at noon Dec. 10, in Waters Hall 224. The thesis topic is "Violent Delinguency in America - The Determinants of Carrying Firearms Among Juveniles: A Theoretical Comparative Analysis."

The Planner is the Collegian's bulletin board service. To place an item in the Planner, stop by Kedzie Hall 116 and fill out a form or e-mail news editor Sarah Rajewski at news@spub.ksu.edu by 11 a.m. two days before it is to run. Some items might not appear because of space constraints but are guaranteed to appear on the day of the activity.

CORRECTIONS AND CLARIFICATIONS

If you see something that should be corrected or clarified, call news editor Sarah Rajewski at 785-532-6556 or e-mail news@spub.ksu.edu.

DAILY BLOTTER



To view the daily arrest report from the Riley County Police Department, go to the Collegian Web site, kstatecollegian.com.

KANSAS STATE **COLLEGIAN**

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QUESTION OF THE DAY

Are you afraid of flying?

A) Yes **B)** No

To submit your answer, visit kstatecollegian.com. Results for the question of the day will be posted in the following issue of the Collegian. Monday's results: Do any of your friends have a different sexual orientation than you?

A) Yes: 61 % **B)** No: 39 %





Kuhlman established himself prior to becoming dean

By Tyler Sharp KANSAS STATE COLLEGIAN

Dennis Kuhlman grew up in Lakin, - a small town about 200 miles west of Wichita. His prowess as an engineer was clear. Passionate about cars and mechanics, Kuhlman progressed through high school with little interest in higher education. However, parental influence altered his plans as a teenager, and ultimately changing his life.

"My parents told me that when I got out of high school that I had to go to at least one year of college," he said. "If they had not basically forced me to go to college, I probably would not have gone."

K-State was Kuhlman's school of choice and because of his interests, he chose to major in agricultural engineer-

At the time of his graduation from K-State, he said it was the "height of the Vietnam era."

A mid-range draft board number forced Kuhlman into a holding pattern. Too high to avoid going to Vietnam, and too low to be immediately deployed, Kuhlman found himself unable to find a job. This problem led him to graduate school.

Deep into his research – after about 11 months into K-State's graduate program Kuhlman's draft number was called. With tests running 24 hours a day, being forced to leave school would render his research useless.

Then, there came a fork in the road for Kuhlman; he had the option of delaying his deployment, or leaving immediately and leaving his research unfinished.

Kuhlman chose to enlist in the Navy in a 120-day delayed deployment program, which allowed him to finish all of his research without writing his thesis. At the time, Kuhlman said enlisting in the Navy might not have seemed like the greatest option for himself.

"I absolutely hate the ocean," he said. "So from a personal perspective, that was probably not one of the smarter decisions I've made in my life. But it worked out just fine."

Kuhlman entered a program dealing with anti-submarine warfare technology, which included aviation and engineering technology aspects. He embraced oppor-



Chelsy Lueth | COLLEGIAN **Dennis Kuhlman** became dean of the College of Technology and Aviation at the K-State-Salina campus in 1997. Kuhlman is the second dean in the school's history.

tunities to advance his education while

"Uncle Sam's paying for it," he said. "I don't have a choice but to be there. So, take advantage of every opportunity that

As a result, Kuhlman became a certified sonar and radar operator. He was certified to do carrier landings as a pilot and co-pilot. Kuhlman grew to be a seasoned pilot while making frequent use of a flight trainer. Even though he was in the midst of a "great time" in the Navy, Kuhlman and his wife mutually decided it was time for him to leave the Navy and finish his master's degree.

After returning to Manhattan, Kuhlman finished his master's. He worked several jobs and received his Ph.D. from Oklahoma State before he came across a position announcement for dean at K-State-Salina. Another fork in the road had arrived.

THE ARRIVAL

Kuhlman became dean in 1997. He was the second dean of the newly reborn college. Formerly called the Kansas College of Technology, the College of Technology and Aviation at the K-State-Salina campus had been part of K-State since a 1991 merger with the university. He immediately faced one of his biggest challenges as dean – shifting the culture of the university and acclimating faculty members to the K-State structure.

Kuhlman said making the transition and getting people to understand the processes and procedures was "a tremendous challenge."

AN UNSEEN DIRECTION

As time passed, Kuhlman settled into his role as dean. Then, the largest domestic terrorist attack in the history of the United States created sizable issues for

"9/11 severely impacted aviation and technology," he said. Kuhlman said because of the "big hit" engineering technology took, many Silicon Valley companies in California went bankrupt right after after the terrorist attacks.

He said aviation and technology are K-State-Salina's two main programs, so enrollment naturally follows some of those cycles.

The college's status as the only remote institution of K-State puts it under a magnifying glass in terms of enrollment, Kuhlman said. The narrowness of programs also had an effect.

This issue has helped facilitate greater program offerings at Salina. A degree program in family studies and human services is in its second year, and the College of Education has begun offering certain master's and Ph.D. programs in Salina as well.

"We are working together with main campus to really broaden so that we can more fully utilize what we have here," he

Growth has not been limited to academic programs. The new Student Life Center opened Nov. 5 and forms the focal point of more changes that Kuhlman hopes to make.

The Cat Cannon, operated by students from K-State-Salina, has become a mainstay at K-State football games. Flight teams and the Women in Aviation program continue to perform at high-levels, Kuhlman said.

"I think our students are taking advantage of those opportunities, and our faculty are encouraging our students to be involved," he said.

In 2004, Kuhlman and Tim Rogers of the Salina Airport Authority collaborated to help bring Steve Fossett and the Global Flyer mission to K-State-Salina. The mission, a nonstop solo flight around the world, involved K-State-Salina and the city of Salina, and was sponsored by Sir Richard Branson, chairman of the

Four pilot students and eight students from the college's aviation maintenance program were able to directly assist with Fossett's flight, which went from Feb. 28 to March 3 in 2005. The GlobalFlyer is now housed in the Smithsonian Institution in Washington, D.C. It carries a special distinction, Kuhlman noted.

"It has the Powercat of K-State-Salina permanently affixed to the fuselage," he said. "As far as I know it's the only Powercat in the Smithsonian system. And I don't think there's a Jayhawk in the Smithsonian; at least, I haven't found it."

Brian Koester, K-State-Salina student body president and senior in professional pilot, said Kuhlman's qualifications for being dean are perfect.

"From his engineering background to his aviation background, he is very adamant about working with the students and very helpful," Koester said. "His vision for the campus has been phenomenal, he has been the driving force between the new Student Life Center. He's been great for our campus."

Past successes at navigating tough decisions provide confidence for faculty at K-State-Salina about the college's fu-

"Absolutely he is the right person," said Kurt Barnhart, department head and professor of aviation. "He has a solid experience basis. He leads well, and he's open to new ideas.



























Watch for the

ce Cream Cart

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KANSAS STATE COLLEGIAL

Down and out

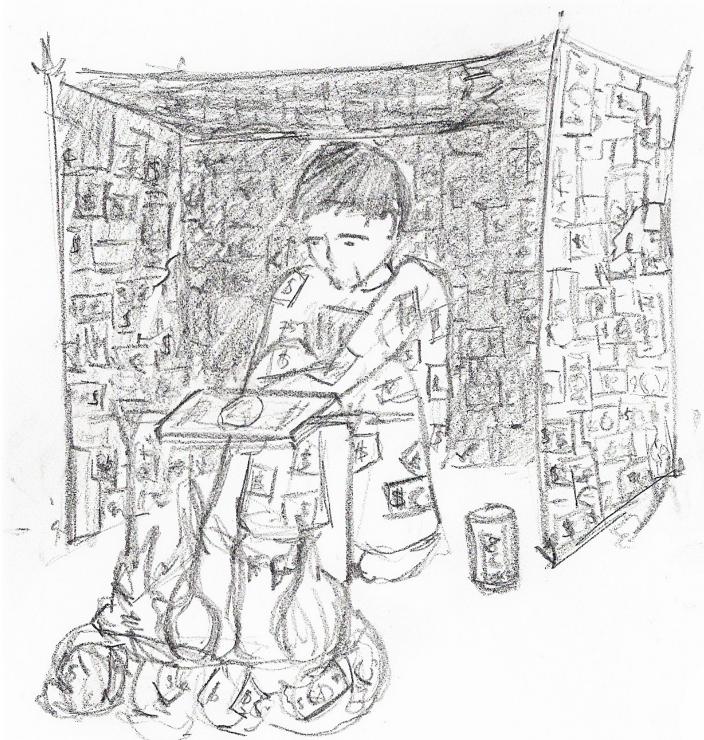


Illustration by Whitney Bandel

Recession hits veterans, disabled hardest

Money makes our world turn.

It is not a luxury but a necessity. Our basic needs for food, water and shelter

are all difficult to obtain without money. In order to earn money you need employment, which is something millions struggle to find. Our lives are defined by our ability to make money, and if you do not have a job, your world can easily come to an abrupt halt.



BOBBY GOMEZ

Last Monday, more than 2,500 people stood in line with two things in common. All were veterans and all were unemployed. Each veteran waited in hopes of finding work at a New York City job fair, as reported by National Public Radio.

Unemployment for the state of New York is at 9 percent, but for veterans, the statistics are nearly double, said the New York commissioner of labor, M. Patricia Smith.

Many of these veterans enlisted in the armed forces because of their passion for our country. For some, this passion was closely matched by their desire for a post-secondary education. The financial support for college was a financial op-

portunity too good to pass on. However, the reality of multiple wars marginalized the opportunity for an education - the same education employers desire.

"Every time I was in the Army, I had to drop my classes," explained Roberto Alor, an unemployed veteran who has been searching for work since leaving the Army nearly two years ago.

"It's like, 'Oh, they didn't go away to college. I went to college. I know more than them.' They kind of sneer at you," said Joseph McDonough, a former Marine. "The only people who actually see [service] as being anything glorious are people like senior citizens, who know that somebody sacrificed something."

Veterans are not the only ones desperately searching for employment. The unemployment rate for those with disabilities is about 17.5 percent, said economist Andrew Houtenville of the Institute on Disability at the University of New Hampshire.

Furthermore, this statistic does not tell the entire story as it does not account for how many people with disabilities have become discouraged and stopped looking for employment.

According to surveys done by the U.S. Department of Labor, 21 million out of the 26 million people with disabilities are either unemployed or have given up searching for work.

It is not that these 21 million are unqualified, but rather employers often underestimate someone's ability to work or fear being sued if things do not work out.

Lenny Kepil has been a software engineer for more than 26 years and possesses an impressive resume. Kepil is deaf and currently looking for work.

"It makes you nervous when you're laid off for a long period of time. And right now, it's been seven months so far," Kepil said, as reported by National Public Radio. "So I have to get ready for the reality that things are stacking up against me."

This economic recession is more than a simple struggle to find work. Rather it is a battle for millions to find a way to survive.

It is not compassion, kindness or love that makes our world turn - money does. This reality is coupled with the struggle of millions to find work, but this does not mean we cannot keep hope.

It is my hope that every citizen will have the opportunity to survive on an affordable income. For this reason I aim to not only make money, but to help make a difference.

Bobby Gomez is a senior in elementary education. Please send comments to *opinion@spub.ksu.edu*.

THE FOURUM

785-395-4444

The Campus Fourum is the Collegian's anonymous call-in system. The Fourum is edited to eliminate vulgar, racist, obscene and libelous comments. The Collegian's editorial board selects the most relevant, humorous or entertaining comments to be printed each day. The comments are not the opinion of the Collegian nor are they endorsed by the editorial staff.

Since we've obviously lost the war on drugs, I think we should change this to a war on "Twilight."

While walking home from my favorite pub, I found a bag of Ore-Ida tater tots drowned in an alley. I really think Beth Mendenhall should write an article about how tater tots feel when they're being drowned in an alley.

To the guys playing bike polo outside of Kramer: You guys rock. Can I be your manager?

To the people on the eighth floor of Haymaker with the purple lights: Can we please rave in your room?

"Twilight" is to lonely, ugly girls as "Harry Potter" is to lonely, virgin guys.

Hey Chuck, at least Bobby Gomez cared enough to tell us to have a safe holiday season.

People are idiots. I was run over by a bicycle outside of Ford Hall.

To the guy who made a comment about No-Sex-November: I'm pretty sure you're participating in No-Sex-November, and that's not because you're not shaving your legs.

How can you call someone unpatriotic for being "un-Christian"?

I do know the entire Collegian has recently become an all-Christian forum.

I think all frat boys are schizophrenic because they all think they're cool and they all say "That's what she said."

Can a prostitute be sexually harassed?

Reading Chuck Fischer's article makes me want to torture small animals and then ask Beth Mendenhall for forgiveness.

Am I allowed to sue someone for not telling me about the class part of college?

I almost got hit by a really old lady who was talking on her phone while driving. Wow.

Dear K-State Parking Services, we could really solve a lot of these parking problems if you wouldn't let W people park in 0 lot. They should have to park in their own spots.

On K-Rock they just played "Another Brick in the Wall" by Pink Floyd, then I changed to V100 and they played "Run Like Hell" by Pink Floyd. Best day ever.

Hey Tim Schrag, my great-grandmother's 103 years old. Boo-yah.

Chuck Fischer, your article makes no sense on any level.

To my Philosophy 103 class: When the professor gives you the chance to leave early, you take it. You don't ask stupid, unrelated questions about World War II.

As a Christian, I only hope that I can be half the Christian that Chuck Fischer is.



The Fourum is also available in full online every day at kstatecollegian.com.

Hunting teaches conservation, despite stigma

'Tis the season to go hunting. Pheasants, and quail, and maybe a deer. While those may not

be the proper lyrics, they are true. Hunting season is in full swing for most of the United States. I was ex-

posed to hunting at a fairly young age when my father and I would go out turkey hunting. Later, he introduced me to upla

turkey hunting.

Later, he introduced me to upland bird hunting, along with numerous oth-

CHUCK

FISCHER

er animals.

Having been a hunter for about twelve or thirteen years has led me to discover the true benefits of this great pastime. Hunting has taught me about conservation of land and habitat, the biology of different animals and the physical exercise involved with many styles of the sport.

However, one of my favorite pastimes has a bad reputation among many people. In fact, many of my friends here at K-State have never been hunting nor have the desire to even try it. The main excuse of anti-hunter's for denouncing this legal sport is that people like me are hurting those "poor, defenseless animals."

Well, while it is true the ani-

Well, while it is true the animals I pursue have never done anything to provoke me to hunt them, that excuse is pointless. If it were the case to where it is substantially unfair to the animals to be hunted in a particular manner, the government would have stepped in and changed the hunting laws.

The hunting laws we do have are clear in what can and cannot be done to harvest an animal. These laws also include an exact time frame for which the harvesting of a species can occur. This time frame takes into account when the particular creature's typical birthing time is, and allows the newest genera-

tion ample time to grow enough to be able to fend for itself.

So, by limiting what equipment I can use to hunt and when I can hunt, there is the principle of "fair chase." Fair chase allows for the most even of playing fields to be in place. For instance, it is considered fair chase to have steel shot for waterfowl as opposed to lead. This is because the lead can contaminate the water and soil which will lead to the waterfowl being poisoned - which would be most unfair and inhumans.

be most unfair and inhumane. Fair chase also allows for hunters to participate in conservation. This is achieved by restricting hunting in certain areas and also allowing hunting during certain times of the year. If it were pheasant season yearround, I guarantee you my father would be out there most weekends. That constant trampling of ground would lead to the destruction of prime habitat for animals. By only allowing hunting for a few months a year, the animals are able to rebuild

their nests and homes without being disturbed.

Another main reason to hunt is it can be a great way to relieve stress. Waking up early to walk off some frustration from work or school while following your dog to the next covey is the best form of stress relief I know. And as far as stand hunting goes, it too can be a great way to just get some alone time while watching the sun come up and nature come to life.

Hunting promotes conservation and is a great way to experience all that nature has to offer, all without being too far from home. To those of you that have never been hunting, you don't know what you are missing out on, and to those of you that like to hunt, keep on hunting and keep our privilege alive and well.

Chuck Fischer is a junior in secondary education. Please send comments to opinion@spub.ksu.edu.

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The Collegian welcomes your letters to the editor. They can be submitted by e-mail to letters@spub.ksu.edu, or in person to Kedzie 116. Please include your full name, year in school and major. Letters should be limited to 350 words. All submitted letters might be edited for length and clarity.

KANSAS STATE **COLLEGIAN** news@spub.ksu.edu Kedzie 103, Manhattan, KS 66506 KANSAS STATE **COLLEGIAN**

Sprint Center sweep



PLAYER OF THE GAME Jacob Pullen led the wildcats with 25 points, 7 assists, and 6 rebounds.

MEN'S BASKETBALL

STAT OF THE GAME K-State and IUPUI both rebounded the ball 38 times. **Coach Frank Martin said he** thinks K-State can do better.

38

Cats win in KC, Martin unsatisfied, calls team 'soft'

By Ashley Dunkak KANSAS STATE COLLEGIAN

KANSAS CITY, Mo. – On Saturday, K-State faced IUPUI for the first time in school history and won 70-57. Although not in Bramlage Coliseum, the Wildcats had the home court advantage at the Sprint Center in Kansas City,

Coming off a thirdplace finish in the Puerto Rico Tip-Off, the team had looked to start its four-game home stand on a good note, and while it got the win, coach Frank Martin said the team regressed from where it was in the Puerto Rico tournament.

"It was painful to run practice the last three days," Martin said. "They played like they lost their puppy dogs."

Martin was particularly unhappy with the rebounding of the Wildcats. He said the team is soft and, until it grows up and gets tougher, nothing will change.

The first five minutes of the game showcased the abilities of both teams. K-State began with a 9-0 run in the first two and a half minutes, capitalizing on IUPUI turnovers and fouls, but IUPUI made a run of its own to tie the game 11-11 with 15 minutes to go in the half. That streak culminated on a classic backdoor cut and layup from the Jaguars.

It proved to be nothing K-State could not handle, recovering the lead with an eight-point spurt before IUPUI hit a pair of three-pointers

back door cuts.

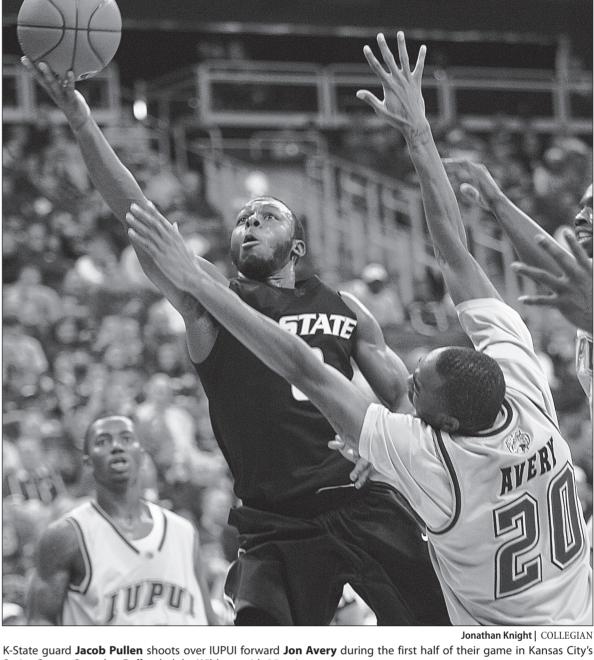
The half ended 40-29 Wildcats after ju-

to make it a seven-point game. The Jaguars made a crucial mistake, however, by throwing away an easy layup on a fast break opportunity. The Wildcats took advan-tage and score five of their own to put the Jaguars at a double-digit deficit at 27-17. IUPUI kept the score

close in the first half by raining three-pointers. Junior guard Leroy Nobles made two, as did sophomore forward Alex Young, and junior guard John Ashworth added two more to make the Jaguars 6-of-7 from beyond the arc in the opening half. When the Jaguars were not scoring from the outside, they challenged the Wildcats with more layups stemming from

nior guard Jacob Pullen drove the lane, scored and drew a foul. He led K-State in scoring with 12 points, largely thanks to many "and one" plays, in the first half. The Wildcats outrebounded the Jaguars, but only 20-19. Pullen led the The teams traded runs to start the second half, and Young continued to be a force for the Jaguars. About six minutes into the half, forward Victor Ojeleye received a technical foul after a call went against

Pullen said Ojeleye merely told Pullen the Jaguars were pushing too, and the referee would not tell Pullen and senior guard Denis



Jonathan Knight | COLLEGIAN

Sprint Center, Saturday. Pullen led the Wildcats with 25 points.

what the technical had been given. The Wildcats responded with a run that gave them a 20-point lead at 56-36 with 12 minutes to

The Jaguars went on an 11-3 run to make it a 10-point game with less than five minutes left, but the Wildcats kept them contained despite continued excellence from behind the arc. The

Clemente in response to Jaguars hit 9-18 three-

pointers in the game. In the final five minutes, the teams traded baskets but the end result was what was largely expected: a Wildcat victory. Clemente and Pullen took leadership on the floor, and junior forwards Dominique Sutton and Curtis Kelly combined for 25 points and 17 rebounds.

Pullen led the way with 25 points, seven assists and six rebounds. Martin was incredibly pleased with his effort.

"Jake's grown up tremendously," Martin said. "He wants to grow and wants to win."

Pullen has been dealing with an injury, and he said while he is not 100 percent, he never wants to sit out because he wants to set a good example for the fresh-

"Unless I can't walk

or I can't shoot, I'm going to be in the gym at practice," Pullen said.

While Kelly put up a double-double with 11 points and 11 rebounds, Martin said he has yet to buy into the system. "Curtis is a big-time

talent," Martin said. "He needs to do what's being asked of him."

The Wildcats will play Fort Hays State at Bramlage at 7 p.m. on Tuesday.

Wildcats end season with win at Texas Tech

By Sam Nearhood

KANSAS STATE COLLEGIAN

K-State capped its 2009 season with a pair of strong performances against Nebraska and Texas Tech.

On Wednesday night, the Wildcats (12-18, 6-14 Big 12 Conference) lost their last home match to No. 8 Nebraska (23-6, 16-4), followed by a win against Texas Tech (2-27, 0-20) in Lubbock, Texas, on Saturday.

K-State took Nebraska to extra points in the first two games, losing 30-32 and 24-26, respectively. The third game proved not as fruitful, but still evenly matched with a score of 22-25.

The Huskers started the match with numerous service errors, and K-State used the momentum to start three drives, taking the lead 11-7. The teams traded points until Nebraska took the lead 17-16. The Wildcats reclaimed

dominance, but the Huskers quickly answered with a few attacks to send the game into extra points. At 30-all, the Huskers hit double kills to win the first game in an exciting rally.

Game two started with service errors from both teams. The rally vacillated around the net, with the third rotation ending in a tie at 22-all. With determination, the Huskers put together four points to give them the game 26-24.

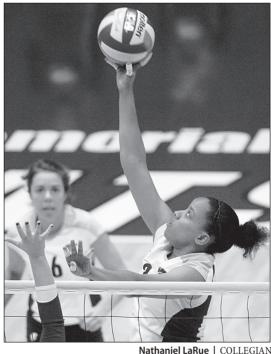
In game three, Nebraska found an early run to take the lead 7-3, but K-State responded with five to retake the game 8-7. Strong plays on both sides underlined series from both teams to put the game in favor of Nebraska 20-18. Senior middle blocker Kelsey Chipman and junior outside hitter JuliAnne Chisholm both put some points on the board, but Nebraska claimed the match 25-22 following a kill.

K-State bounced back on Saturday when they defeated Texas Tech in four games.

The Red Raiders took an early lead at 7-2 and stayed ahead after runs from both teams gave Texas Tech an edge at 23-22. The Red Raiders went to game point, but were held short by plays from K-State. The teams traded points with each coming close to winning, until K-State put together three points, narrowly winning game one 31-29.

Using its momentum, K-State quickly took 10 points over Texas Tech's four, highlighted by two from consecutive aces sophomore defensive specialist Abby Fay and one from senior setter Soriana Pacheco. The Red Raiders were unable to find success for the rest of the rotation, contrasted by two runs for

See VOLLEYBALL, Page 7



Nathaniel LaRue | COLLEGIAN

Junior outside hitter Vanessa Murray spikes the ball during the game against lowa State Nov. 14 in Ahearn Field House.

WEEKLY FAN POLL - NOV. 30

If the men's basketball team makes the NCAA tournament, how far will it go?

- A. First round
- B. Second round C. Sweet 16
- D. Elite Eight
- E. Final Four F. Title game

LAST WEEK'S RESULTS

How would you rate the 2009 football season?

- A. A total failure 31 votes (9%)
- B. Same as last year 34 votes (9%) C. A pleasant surprise - 247 votes (67%) D. A complete turnaround - 54 votes (15%)
- Total number of votes: 366

Vote online at kstatecollegian. com and check next Monday's issue for this week's results.



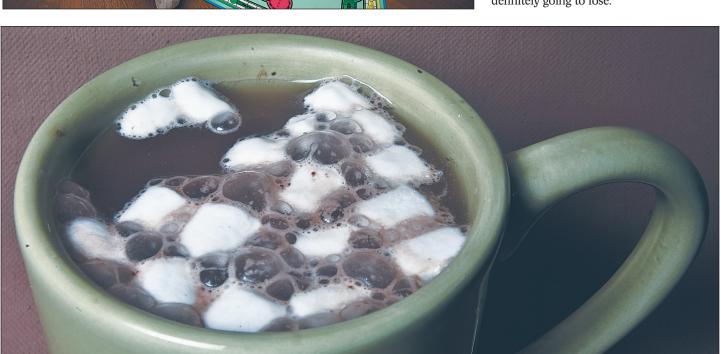
K-STATE ATHLETIC SCHEDULE: NOV. 30 - DEC. 6

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
	Men's basketball vs. Fort Hays State, 7 p.m. in Bramlage Coliseum	<u>Women's basketball</u> at Arkansas, 7 p.m. in Fayette- ville, Ark.		Women's basketball vs. Grambling State, 6 p.m. in Bramlage Coliseum (Commerce Bank Wildcat Classic)	Women's basketball vs. Missouri State/UTEP, TBA in Bramlage Coliseum (Commerce Bank Wildcat Classic) Men's basketball vs. Washington State, 8 p.m. in Bramlage Coliseum (Big 12/ Pac-10 Hardwood Series, Live on ESPNU)	

Day-by-day 10 things to do before winter break







With only ten days of classes before the stress of finals week, it is important to find new and interesting activities to keep the stress levels down be-

fore school ends this semester. Here are a few cheap, fun ideas that will give you an excuse to take a break from studying for finals, or help you fill the hours of boredom waiting for Christmas to come.



SHORT

1. Go ice skating at the indoor rink near Manhattan City Park on Poyntz. It costs \$4 to enter and rent skates, so it is an easily affordable excursion.

"The rink is kind of small but it's still a really fun place to go with your friends,' said Jamie Welsh, sophomore in accounting. "It's nice that it is so cheap, too."

2. Visit the bakery located in Derby Dining Center. It is famous for their baked goodies and since it is located on campus, it is a good destination for a study break adven-

"My favorite thing at the bakery is the cinnamon rolls because they are huge and really cheap," said Veronica Bauer, freshman in agronomy. "It's so convenient, too."

3. Go Christmas caroling through your dorm, neighborhood or apartment complex with friends. It is a good way to meet neighbors and spread Christmas cheer just make sure to be safe, go with a group

4. Volunteer in Manhattan – there are many things to do around the holidays. Be a Salvation Army bell-ringer, serve dinner at a homeless shelter, help at an animal shelter or donate a toy or two to Toys for Tots. Big or small, any help is appreciated and can make someone else's holiday season a little better.

5. Go sledding with friends. Sleds are cheap and hills are easy to find. There are small hills on campus like the one behind to Willard Hall, and even more can be found off campus.

6. Have a Christmas music rave, replacing the neon and spandex with flannel pajamas and the glow sticks with candy canes.

7. Do the Wabash while wearing every article of K-State clothing in your closet.

8. Go to Tuttle Creek and take in the winter weather. The area will be less crowded, the bugs will be gone, and there is plenty of space for snow angels and snowball fights. If snow is nowhere to be found, the open spaces at Tuttle Creek are convenient for massive leaf piles or games of capture the

9. Visit Santa and get a picture with him because Santa can be appreciated at any

10. Have a board game tournament with friends or neighbors, mixing old school games with new ones.

"My favorite game to play with friends is Scattergories," said Nicole Clark, freshman in journalism and mass communications. "It's great because it's a word game and you have to be really creative or you're definitely going to lose."

CHALLENGE

This is part five of the Collegian's series on No-Shave-November. Two Collegian editors have agreed not to shave their faces during the month of November and have been tracking their weekly progress in the Collegian. If they shave, their consequence will be to have their legs waxed. Remember to send photos of your scruffy selves to edge@spub. ksu.edu before Tuesday. Different categories include most redneck beard, cleanest beard, longest beard and best beard style (only hair products can be used, no trimming).

Crumbs pose new challenge

It has been 31 days since my face last saw a razor. My original hope was to make

time to workout, so by Dec. 1, I would be able to welcome a thinner face under this thickening beard. Anyone

who has



JASON MILLER

worked for a newspaper knows ambitions like exercise – or anything outside the newsroom, really – is far-fetched, aside from sleeping. Needless to say, I have not lost any weight. I have entertained the idea of keeping it until after winter break in hopes I will have time to exercise once the paper wraps.

The itchy phase has passed and the beard is no longer that bad, given I can clean up the white trash edges. I could get used to this for the winter. Oddly enough, the only problem I have run into with keeping a beard long-term is the fear that after eating, crumbs are somehow attached to my face without my knowledge. That should just help in my quest to lose some weight though, right?

Jason Miller is a junior in print journalism. Send comments to edge@ spub.ksu.edu

No-Shave is now no-more

I really have no idea what else to say about my facial hair besides that it was

itchy, and then it stopped itching, and now it is long. I'm pretty excited I get to shave tomorrow. It's been an interesting experience,



JUSTIN NUTTER

but I think it's pretty safe to say I won't be doing it again next year.

Unfortunately, my family was not as shocked as I hoped they would be when I arrived at home for Thanksgiving break. Some people from back home even complimented my beard, which really caught me off guard.

I guess that's all I have for now. I'm sure I will get talked into participating in some other ridiculous tradition or doing some crazy challenge (I've developed a newfound hatred for cinnamon) before I graduate, but until then, I think I will stick to the sports page. Hope you enjoyed my venture into facial hair and the Edge page.

Justin Nutter is a senior in print journalism. Send comments to edge@ spub.ksu.edu





Aries March 21 - April 19 No need to work out, the Thanksgiving pounds fall off by themselves.



Taurus April 20 - May 20 Walk up to a perfect stranger and introduce yourself as his or her soulmate.



Gemini May 21 - June 21 Please do your laundry. People are starting to notice the stain from



Cancer June 22 - July 22 If you fail to attend at least one K-State athletic event this

is time for over-the-knee boots.

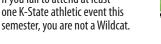
Stare at yourself in the mirror for

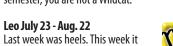
six consecutive minutes and make

Virgo Aug. 23 - Sept. 22

as many faces as possible.

Do it..







Scorpio Oct. 24 - Nov. 21 Finding an entertaining resolution to the plot of your autobiography

Stand in the middle of the Quad

push ups. Then sign autographs.

and do 75 jumping jacks. Then 22

Libra Sept. 23 - Oct. 23



Sagittarius Nov. 22 - Dec. 21 Challenge yourself to go an entire week without using your cell phone for anything other than an



Capricorn Dec. 22 - Jan. 19 Compel the snowmakers to send snow to the city of Manhattan, and then have a snowball fight.



Aquarius Jan. 20 - Feb. 18 Inform your professor you could not do your homework over break because your heart was broken.



Pisces Feb. 19 - March 20 Learn to control each individual muscle on your face. You will then be able to rival Tyra Banks for modeling ability.

Compiled by Elena Buckner

VOLLEYBALL Cats finish 10th in Big 12

Continued from Page 5

eight points from K-State to move the game to 18-7. From there, the Wildcats continued to power ahead and took the second game 25-13.

Not wanting game three to be their last, the Red Raiders drove through the first rotation to hold K-State in a tie at 7-all, then picked up seven points in two runs to take the lead at 14-10, finally earning two more runs to bring the score to 21-10. K-State strung together a few points, but Texas Tech eventually won the game at 25-16.

Game four began in the same manner as the previous with no team earning a clear advantage for the first rotation. Texas Tech ran for three points to tie the game 10-all, then clinched three more to move ahead 14-11. The Wildcats worked to retake the lead 17-15 after four straight points, leading to a service run behind redshirt freshman outside hitter Kathleen Ludwig that featured two aces. Texas Tech countered with their own run to move within three, but freshman defensive specialist Caitlyn Donahue found the sweet spot and landed an ace to end the 2009 season with a 25-22 win.

K-State finished 10th in the Big 12 Con-

WOMEN'S BASKETBALL

Cats split road trip, fall to Creighton, beat BYU

By Justin Nutter KANSAS STATE COLLEGIAN

While K-State students were preparing for Thanksgiving break, the women's basketball team continued its path toward the Big 12 Conference season.

The Wildcats (2-3) left the friendly confines of Bramlage Coliseum for the first time this season to take on the Creighton Blue Jays (3-1) Nov. 23 in Omaha, Neb. The teams battled throughout the contest, but despite a late second-half charge, K-State could not overcome an early 19-point Creighton lead as they lost the contest 63-54.

Senior forward Ashley Sweat, who posted 33 points and 11 rebounds in the Wildcats' win over Washington State one game before, could not repeat that success, as she was limited to two points and six rebounds in the contest. Freshman guard Brittany Chambers paced K-State with 14 points while senior guard Kari Kincaid and freshman guard Taelor Karr added 13 and 11 points, respectively.

The Blue Jays were led by Kelsey Woodward, who tallied a game-high 15 points, and also received doubledigit scoring efforts from Megan Neuvirth with 12 points and Chevelle Herring with 10 points.

K-State looked to rebound when it traveled to Provo, Utah, for a matchup with the Bringham Young Cougars (3-2) Friday.

Once again, the Wildcats found themselves in a tightly contested battle, but this tempt paid off as it came out on top 65-62.

For the second straight game, three Wildcats reached double figures in scoring as Sweat got back on track with 18 points to lead the charge. Karr followed with a career-high 17 points and Chambers tallied 16, including two crucial free throws in the game's final seconds to secure the

BYU was led by Mindy Nielson with 13 points while Jazmine Foreman and Haley Hall added 11 and 10, respectively. The win marked K-State's first road victory since a 71-61 win at Colorado on March 7.

K-State will wrap up its three-game road trip with a contest at Arkansas Wednesday. The Wild-



Jonathan Knight | COLLEGIAN Freshman guard Brittany Chambers drives the ball during K-State's game against Pittsburg State Nov. 9.

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Answer to the last

Sudoku.

IMMUNITY Exercise, attitude can help fight sickness

Continued from Page 1

spread lack of sleep by planning out their time better, which would include less cramming and more studying beforehand.

Wilcox said sleep is a mystery. He said some people do fine on little sleep, although if a person goes days without sleeping, that will have an effect. Wilcox also said the necessary amount of sleep for each person depends on the individual.

"Sleep probably helps your immune system," Wilcox said. "But I wouldn't get too alarmed if you miss a night studying."

A person's mind-set also seems to have effects on their immune system, Wilcox said.

"People who talk to themselves in a way that's optimistic tend to have a more robust immune system," Wilcox said. He said people who have unfortunate experiences and cannot climb out of the low tend to have more problems with their immune systems.

Another way to keep the immune system strong is getting exercise, even if it's just walking. Wilcox said one of the treatments for depression is mild to moderate exercise.

"You don't have to go crazy on the elliptical or anything, but it seems to be a depression-buster," Wilcox said.

Whitney also said exercise is an important part of a balanced lifestyle, as well as a way to

"It puts you in just an overall better mind-set," Alderman-Oler said. "You just feel better about The article cited the importance of finding time to laugh, even in the goal-driven serious-

Wilcox said there seems to be a mounting stack of evidence that positive emotions lead to a better immune system because those with a positive outlook are able to bounce back more

"I feel like there's a saying how laughter cures things," Whitney said. She said it is important to keep happy and motivated.

PROUD | Live music, craft projects to be offered Friday in the Union



Robyn Bramlage, senior in graphic design, presents one of her K-State Proud T-Shirt designs to Amber Weaver, Development Publications Coordinator for the KSU Foundation last November.

Continued from Page 1

reason online voting was used this year was because campaign members are trying to make K-State Proud a year-long event.

The Union Program Council and K-State Proud are teaming up for UPC After Hours from 4 p.m. to 11 p.m. Friday in the K-State Student Union. Live music performed by Laura Wetzel, sophomore in family studies and human services, and the band New Northwest will be the entertainment for the evening. Also craft projects such as paper snowflakes and crystal paperweights made with a laser etchings of faces on them - courtesy of Clearly You Crystal - will be featured as well. The event and projects are all free to students.

"It's an opportunity for students to come on a Friday night, hang out and have a good time," Wilkerson said.

BLACKSTONE | Westloop bar offers karaoke, drink specials, themed parties

Continued from Page 1

Zerr said he tries to draw more of the college crowd during the week, offering specials such as karaoke on Thursdays and half-priced drinks for "College Night" Wednesdays. On weekends, he said, the demographic shifts to people about 24 years old and older, including career soldiers. Zerr said some soldiers chose Blackstone Tavern to hold their farewell party and he enjoyed being able to do something for

Not all parties at Blackstone Tavern are bittersweet. For Halloween, the

bar had a two-day long event to celebrate, where Zerr shamelessly dressed as a Chippendale dancer. Plans are in the works to have an "ugly Christmas sweater party" next month.

Being a new bar, the future of Blackstone Tavern is hard to predict, but Zerr is optimistic. He works between 12 and 16 hours a day, six days a week, ensuring he and his dozen employees continue to make customers feel at

"I would always encourage people to try new things out," Zerr said. "Go to the little places you've never been."



Phone app helps tackle flying fears

By Sam Nearhood KANSAS STATE COLLEGIAN

Virgin Atlantic Airways recently announced a new iPhone application to help reduce anxiety in people who are scared of flying, according to a news release from Reuters.com.

The application is another addition to the international airline's innovative "Flying without Fear" course. The course, which includes a classroom session with a pilot, therapist and relaxation tools, is designed to assist passengers in overcoming their fear of flying, according to the company's Web site.

Donald Saucier, associate professor of psychology, said control issues are often a major factor in an individual's development of aviophobia, the fear of flying.

"I think there's a lot of lack of familiarity and control that goes into that," Saucier said. "You're not flying the plane. For instance, the chances of being killed in a car accident are much higher than the chances of being killed in a plane crash, but you're the one driving the car, so you think that you have control over that."

One way to increase a sense of control in passengers is to familiarize them with the mechanics behind flight, which Saucier termed "a Freudian strategy of intellectualization as a defense mechanism."

According to Virgin Atlantic's Web site, the iPhone application contains explanations of flying an aircraft, relaxation exercises, therapies and a panic-attack button in case of emergencies, among other features, and the course has benefited more than 98 percent of its participants.

Katie Wilson, junior in marketing, said

OTHER TOOLS TO CURB A FEAR OF FLYING

\$59.95 Kit using audio tapes, booklets and reference cards Fearless-Flight.com \$24.95 Package of book, soothing CD and checklist Fearofflyinghelp.com Free Online program using photos and videos

she understands the terror shared by others, though she has yet to fly.

"I'd be scared I was going to crash," Wilson said. "I think it's just the whole lack of

When asked if Virgin Atlantic's new application would help squelch the fear, she said she was unsure of this particular program, but cited others who have successfully used different programs.

"I know other people who were scared, and they used things that they've looked online to do," Wilson said.

For Dustin Smith, senior in fine arts, the trepidation started once his maiden flight was underway.

"Probably the worst part was take-off," Smith said. "I had a rough idea about what was going to happen, but you never know until you experience it." Smith also said he was uncertain of the

application's effectiveness, but was impressed with the success rate touted by Virgin Atlantic. "I don't know what it could do to help you calm down, but, if it works, it works," he

said. "I'm sure it would work on me." The Flying without Fear application can be purchased for \$4.99 on an iPhone or iPod touch, or through iTunes.

Sergeant's death under investigation

STAFF REPORT

A Fort Riley sergeant was found dead Nov. 23 on the base, according to Fort Riley news release.

Sgt. Craig M. Gaglia of Fleming, Ga., 24, was assigned as a medic to Headquarters Company, 1st Battalion, 16th Infantry Regiment, 1st Heavy Brigade Combat Team, 1st Infantry Division.

He joined the Army in June 2003 and was assigned to the 1st Infantry Division in January 2004. Gaglia deployed twice in support of the Global War on Terrorism.

The cause of death is under investigation, according to the release. He is the second soldier to die on base in two months.



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Green shoppers should look for certifications, recycled materials

By Sarah Raiewski KANSAS STATE COLLEGIAN

Christmas morning brings a picture of beautifully wrapped presents sitting under a tree with twinkling lights. However, the aftermath of opening these

covered in torn wrapping and tissue paper.

Zack Pistora, vice president of Students for Environmental Action and student director of sustainability for Student Governing Association, encour-

packages leaves the room aged students to be more considerate of their planet during Christmas time.

"Because it's such a personal time with such high spirits, it means a lot to 'go green' during the holidays because it sends a message," said Pistora, senior in political science. "It's one of those values that you can promote among tic bags or newspapers for shipping, instead of packing peanuts.

Students can also recycle wrapping paper, and Pistora said he thought the paper could be placed in the mixed paper section at a recycling center.

Pistora also said students should be creative when buying presents for friends, taking into contheir lifestyles more eco-

WAYS TO "GO GREEN" WHEN GIVING

- 1. Buy Christmas bags that are reusable every year, rather than paper that gets thrown away. Just tie a ribbon around the handle and attach a card to keep from damaging the bags.
- 2. Use a paper bag to wrap presents and decorate the bags with pictures, quotations, poems or bows.
- 3. Instead of wrapping paper, find cheap wicker baskets, which can be used for household decorations.
- 4. Purchase recycled wrapping paper, which might cost a bit more but helps the environment.

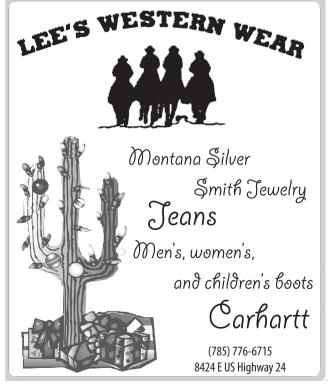
-Ehow.com

said it is important to be cautious when trying to be green because sometimes companies make claims that they are eco-friendly. but this might not be true. good for the environment Ben Champion, director in one way, but harmful in

For people looking for electronics or appliances, Champion said they should look for products that are Energy Star-certified, meaning they will be much more energy-efficient.

See GREEN GIFTS, Page 7







Students can save money, show love with homemade Christmas gifts

By Tiffany Roney
KANSAS STATE COLLEGIAN

Many college students can remember the tinsely, raggedy, asymmetrical presents they made as children and gave to their parents for Christmas.

"We always gave homemade Christmas frames or ornaments," said Katie Omo, freshman in open option.

While crafty Christmas creations may seem to be things of the past – remnants of grade school, long since removed from the refrigerator door – they can still be valuable gifts in the college years.

"We still do scarves and stuff sometimes, or framed pictures," Omo said. "Everything's better homemade because it's just more personal."

SHOW LOVE IN A 4 X 6 VERSION

It is not just your mother who enjoys a little something short-and-sweet on the holidays – your friends, cousins and significant other will also get a cheery smile from compliments, thank-yous and words of encouragement.

Use construction paper and markers — or, if you are more sophisticated, photo editing or design software — to create a cute card. Personal cards, with adorable drawings on one side and kind messages on the other, are likely to end up on the fridge for months to come.

"It definitely means more, because you took the time," said Raquel Amaya, junior in family studies. "I think they would think of it as a special gift, instead of receiving the same things over and over again."

To get fancy with the three-dimensional knick-knacks, stop by Jo-Ann Fabric & Crafts, 320 Poyntz Ave., or Hobby Lobby, 628 Tuttle Creek Blvd.

If you are not artistically

talented, or cannot come up with a thing to draw except a lame Christmas tree, your surefire bet is stick figures of you and your friend. Give each stick-person a goofy smile and a nametag, and it will be crystal-clear that the friendship is important to you.

DELICIOUSNESS, NOW PRE-WRAPPED

A second style of homemade gift that may be much-appreciated is one that goes along with the good old quote, "The way to a man's heart is through his stomach." You guessed it right — we're talking edible gifts.

From sugar cookies iced up as snowmen to gingerbread houses of sugary goodness, holiday sweets are sure to please. To save time, buy pre-made sugar cookies that only need baking. For the gingerbread house, graham crackers can be used instead of actual gingerbread.

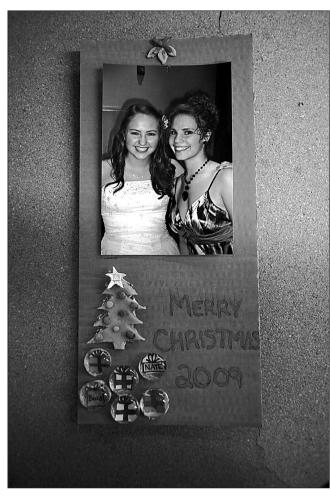
"Depending on who it came from, it would be pretty cute, and I think it would be pretty funny," said Tyler Johnson, senior in life sciences, of gingerbread houses as gifts. "If they really put the time and effort into it, it would be a nice gift."

CRAFTY GIFTS - CHEAP; FRIENDSHIP - PRICELESS

Both artistic and cookie-based crafts – as well as almost any type of crafty gift, really – can spur on opportunity to bond and relieve stress with your friends.

Craft supplies, whether they are construction paper sheets or jars of Red Hots, are cheaper in bulk. Furthermore, crafting and baking activities are extra fun with friends. Just add festive music for an instant memory-maker.

Additionally, cookies are extra-fun to deliver in pairs. It is true when they say, "The more, the merrier."









Secondhand stores help thrifty holiday shoppers save money

By Jason Miller KANSAS STATE COLLEGIAN

For those who are looking to save money during the holidays and do not feel they have the necessary artistic skills to make a gift, a secondhand shop might provide the solution.

The Manhattan area has several stores that specialize in carrying previously-owned merchandise. T-La-Re is one such store that will be hosting local vendors the entire month of December specifically for the holiday season.

"We're going to have a lot of people in here that have a craft or trade, and several use used items in their craft or work," said Misti LeMoine, owner of T-La-Re. The store will have vendors selling everything from homemade candles and spice rubs to jewelry made from found objects. There will also be an artist who makes greeting cards, and another who makes small watercolor artworks.

Pattie Stalder, owner of Ripple Design and one of the featured artists, said she began making jewelry to give her sister a gift that she would not be able to get anywhere else. Stalder said she enjoys creating unique jewelry from elements such as coral, turquoise, amethyst, jade and even horsehair.

"I enjoyed the process so much it became my 'winter' therapy," Stalder said. "We raise and show horses in our spare time, so designing jewelry happens mostly when the weather keeps me inside."

Another featured artist is a mother-daughter duo that makes general arts and crafts. Walinda Arnett and Jan England form Designs by J.E.W.A. Arnett remembers tagging along with her mother, England, to craft shows as a craft maker and shopper. After a year of operating her own craft booth, Arnett convinced her mother to combine crafting forces. The pair has enjoyed finding new designs and tweaking old ones while being able to spend extra time together. They also make crafts not only for adults, but for children, too.

LeMoine said she decided to bring in the artists to encourage people to purchase locally. Another aspect to shopping at secondhand stores is the ability to purchase vintage goods from the period they were originally created in. While many stores are busy trying to recreate looks from decades past, consignment and secondhand stores have the actual products for sale.

"I'm very much drawn to things from the '50s and '60s," LeMoine said. She added that she is scheduled to pick up a large bundle of clothing from the 40's through the '60s, which will be available after the Thanksgiving holiday.

LeMoine feels students have much to gain from shopping at the secondhand stores around town. She said in her experience, college is a time of transition and most students do not want to spend a lot of money on their purchases. For that reason, she recommends students take advantage of secondhand stores because purchases may cost less, but the product will still be in good condition and stable.

"I think you can get equal quality and pay less – most of my things come from auctions," LeMoine said. "We buy things inexpensively to pass on for a bargain."

SECONDHAND SHOPS AROUND MANHATTAN FOR THRIFTY SHOPPING

Name Phone Number	Location
Bargain Barrel 785-539-6300	308 1/2 Vattier St.
Grand Ol'Trunk Thrift Shop 785-537-2273	1304 Pillsbury Dr.
Gumbo Hill Antique Shop 785-539-5778	6590 Gumbo Hill Rd.
New 2 U 785-539-4092	1109 N. 3rd St.
T-La-Re 785-341-1730	2047 Fort Riley Blvd.
Wildcat Pawn & Jewelry 785-539-7296	2309 Tuttle Creek Blvd.



Above: The Grand Ol'Trunk thrift shop is located on 1304 Pillsbury Drive in Manhattan. The Thrift store has an array of items including clothing, cooking utensils, and furniture. Chelsy Lueth | COLLEGIAN

Right: The Bargain Barrel is a shop that sells used goods of all kinds. The store is open Tuesday through Saturday from 10 a.m. to 5:30 p.m. and is located at 308 Vattier St.

Matt Binter | COLLEGIAN





Local retailers make finishing your shopping list easy

It can be hard to balance getting ready

for finals with getting ready for holiday gift giving; cramming for that last test when there are still presents to be bought and wrapped. There are several stores in Aggieville and throughout Manhattan that can help make finding great presents for Mom, that special someone and everyone else on your list a breeze.



MELISSA SHORT

мом

The Palace, in Aggieville, has a large selection of gifts for mom - chic purses, one-of-a-kind aprons, funky-patterned pajamas and fun kitchen gadgets. Acme Gift also has patterned totes that are fashionable, practical and eco-friendly. Many craft and jewelry stores also have special beads and charms to make jewelry that is unique and fashionable. Add beads in her favorite color and charms that will mean something to her for a personal gift.



Photo illustrations by Lisle Alderton

DAD

Dad can be especially hard to shop for, but not impossible. For the guy who loves to grill, Acme Gift has a "BBQ sword" which has a forked grilling tool on one end and a sword handle on the other hand. Acme Gift also has cards with walking tour maps on them for major cities like Chicago and New York City. Other cards have local attractions such as famous architecture - great gift for dads who love to travel. The Palace has bar glasses in many different styles that are modern and useful. For the sports fan, Ballards and Varney's have an endless selection.

BOYFRIEND/BROTHER

"I have a pretty relaxed style and I usually go for comfort," said Derek Chilbers, junior in biology. "One of the top things on my list is clothes or shoes; Jordans are my favorite."

Thread is a great place to go for personalized and funny T-shirts or for K-State wear. Guys also typically like anything to do with technology.

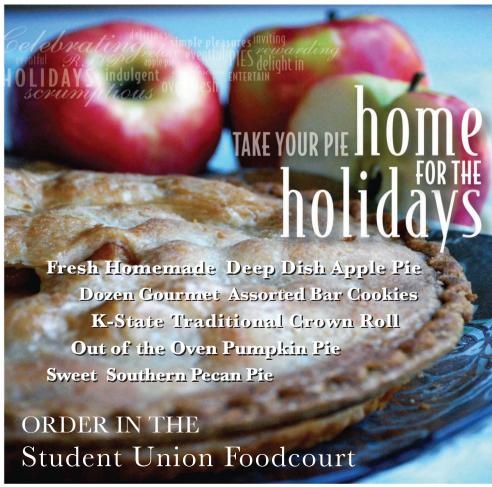
"For Christmas this year I want the new



Zune HD," said Curtis Dawson, senior in social sciences. "I'd say my favorite gift I've gotten recently is a PlayStation 3 from my wife."

Curtis said his favorite store in Aggieville for gifts is Acme Gift. Acme has a variety of funny gifts and books for the brother or boyfriend with a sense of humor.

See LOCAL GIFTS, Page 8



Favorite gifts come in all different shapes and sizes

By Elena Buckner KANSAS STATE COLLEGIAN

Over the past 19 years, I have both given and received quite a few different

gifts; some more exciting than others. People often ask how to give the perfect gift, so here is a list of the top 10 gifts I have ever given – or had



ELENA BUCKNER

nad ure of opening my

the pleasure of opening myself. The list, while accurately named "Top 10," is in no particular order.

- **1.** A CD I made for my mom: This gift made my mother cry. While that may not be a particularly difficult feat, it is not something that happens every day. I made my mom a CD filled with great songs, from Josh Groban's "February Song" to Jimmy Buffet's "Lime in the Coconut" to Missy Higgins's "Unbroken." To accompany the CD, I wrote a letter explaining why I chose each song and why she should enjoy it. The combination of honesty, humor and purpose dedicated to each song made this gift one of my best ever.
- 2. Jasmine blanket: My mom bought me a Princess Jasmine blanket for my 14th birthday. It is warm, it is purple, it has my name embroidered on it, it has a picture of my favorite Disney princess and I sleep with it every night. Enough said.
- **3.** A photo album for my friend: I tried to find pictures and captions that created a perfect combination of laughter, honestly expressed sentiments, love and details that showed how much time I invested in the gift.
- **4.** Socks and underwear: Each year, Santa Claus

brings my siblings and I socks and underwear in our stockings. While these are definitely not the most exciting gifts I have ever received, a Christmas morning without socks and underwear would probably make me cry, in addition to having to go buy some socks.

- **5.** Baby Bop: I did not actually receive or give this gift; my parents gave the plush replica of Baby Bop, Barney's the purple dinosaur young green cohort, to my younger sister when she was no older than three. Madelyn's face instantly lit up and we never tire of watching her obvious delight on home videos as she exclaimed, "Baby Bop! My very own Baby Bop!"
- **6.** Three copies of "Little House on the Prairie" same book, same edition, given to me by three different people. I ended up keeping one copy and exchanging the other two for other books within the series, but seeing the consternation on family members' faces as I opened the repeat gifts was without doubt worth the hassle of the exchange.
- 7. Rogers and Hammerstein's "Cinderella:" For the first time, I could watch a real movie of a classic fairy tale featuring famous actors who actually looked like me. Although I am quite happy with my ethnic background and have never felt out of place in my mostly-Caucasian world, seeing princesses and role models who look like me is always a little more refreshing than even I would like to admit.
- **8.** Smorgasbord of candy and Coca-Cola products: My friend's mom went on a health kick and refused to buy any sort of unhealthy food or beverages. So, for her birthday, I bought her as much candy, chips and

See TOP 10, Page 7





How to Get What You Want:



1. Circle your favorite items.

2. Cut on dotted line.

3. Send to Santa.

Mountain Bike
North Face Coat
Fleece Jacket
Backpack
Tent
Hiking Boots

Life is Good T-Shirt
Ski Pants
Sleeping Bag
Travel Luggage
Swiss Army Knife
Gift Certificate for \$ _



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STREET TALK What is the best gift you have ever received?



6 I got Tigger footie pajamas with a stuffed piglet stuffed animal.

Vinnie Sears Junior, electrical engineering



66 Razor Scooter. I made some sweet jumps on that thing.

> Ryan Barragree Junior, kinesiology



66 When I was in kindergarten I he made noises and everything!

Erin Rutter Freshman, open option



66 The best present I ever got was a bottle of Viaka, the most filthy Vodka you can find. My first 13 shots as a legal drinker came from that bottle.

Brisen Biehler Senior, kinesiology



66 A hand made necklace from my got a Buzz Lightyear action figure, boyfriend, because he put a lot of time and effort into it.

Amanda Barr Junior, secondary education



6 6 My daughter last year. It kind of just worked out we had a son who was three and a half and he needed a playmate, and she completed our family.

Kipton Burba Junior, history



the environment protection Agency sets standards for different products concerning energy efficiency, Champion said. Companies have to make products meet the standards to receive certifi-

> ees can to direct shoppers to them, Champion said. Another thing to look for when shopping is Electronic Products Environmental As-

cation. When shopping, these

products should have a la-

bel marking them or employ-

Continued from Page 2

sessment Tool certification. which is based on materials used in electronics.

Sometimes companies use materials that are not recyclable or contain toxins, or they make electronics difficult to repair so people just have to throw them away, Champion said. By checking to see if products are EPEAT certified, they can be more eco-

Another way to go green is to cut back on purchases and reuse things.

friendly.

"If something's not necessary, practical or easy for you to use, it's no shame in giving that to someone else who can use it." Pistora said. "That's not just giving to your friends or family, that's giving to someone who otherwise might not have a Christmas

GREEN GIFTS | Re-gifting

can help eliminate waste

Champion said instead of buying presents, people can participate in alternative forms of giving, helping people out in other countries.

present."

He recommended Web sites like Kiva.org, which allows people to loan money to entrepreneurs to reduce poverty, or Heifer.org, where people can donate money to projects throughout the world. No matter how students decide to go green, Pistora said their actions are beneficial since the holiday season is not very environmentally friendly.

"If you're sitting around with your friends and family, it's something that can really make a difference in their eyes and really bring awareness," Pistora said.

TOP 10 | Best presents come with personal messages

Continued from Page 6

soda as I could afford and told her not to let her mom eat any of it.

9. \$16 worth of random items from the Wal-Mart dollar aisle: I threw all the stuff into one big shipping box then decorated the box with drawings, inside jokes and warnings of the hilarity lying within. I then shipped the gift to my friend, where her college's mail clerk forced her to open it at the mail counter because "some of the stuff written on this box is just a little sketchy."

10. A cross-stitched keychain with my initials: One of my best friends selected colors she knew I would love and made me a leather-bound key chain with my initials cross stitched in the center of a leather border. She wrote a personal message on the inside of the keychain, and the hours and thoughtfulness she put into the gift make it one of my all-time favorites.

Elena Buckner is a sophomore in pre-professional secondary education. Send comments to edge@ spub.ksu.edu





LOCAL GIFTS | Stick to basics when shopping for her



Continued from Page 5

When buying for a bookworm, boy or girl, The Dusty Bookshelf has just the thing.

"As for books, the new Dan Brown book is always good," said Sarah Fink, Dusty Bookshelf employee. "We also have a book journal so they can write down books they've read, others they want to read, and what they thought of them. Those have been pretty popular as gifts."

GIRLFRIEND/SISTER

Girls usually like clothes, but something that will fit her body and her style can be a challenge.

"Go for the basics such as a classic boyfriend cardigan or a colorful tee or tank," said Sara Meyer, owner of Zotcis in Aggieville. "She can wear things like these over and over again and they work for your sister, mom or girlfriend. Accessories are also a safe bet because size doesn't matter and every girl wears them."

Acme Gift, The Palace, Zotcis, Rockstar and Rogers, and Kieu's all have cute accessories and jewelry for every style. Technology is also a safe bet for most girls.

"This Christmas I'm asking for an iPod and a boxed set of Friends," said Heather Tosh, senior in art history.

Getting a movie or a TV show season is something she's sure to like, but add in a box of her favorite candy and some flavored popcorn for a personal touch.

Melissa Short is a sophomore in dietetics and public health nutrition. Send comments to edge@spub.ksu.edu

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